

We are back with another issue focusing on technology and your family. This time we are dipping into resources that will help you determine where you feel it is safe for your kids to roam online and when to intervene. Your most powerful tool to keep your child safe is you, but not for long. Have these important conversations often and use these talking points to help you along the way.

1

My teen puts their phone or screen down when I come near. I am torn between respecting their privacy and wanting to know what they are up to. Which way should I go?

Our number one job to our kids is parenting and sometimes that is uncomfortable. Since so much of our kids' social life isn't happening at school, on fields or at home in person, it is more important than ever to set expectations with your child around screens and this is a great place to start:

<https://bit.ly/KeepChecking>

2

My teen loves to watch YouTubers play video games. Watching them play games non-stop is maddening, but this is even worse, isn't it?

Quick question. Do you ever watch professional sports on TV instead of playing the sport? It's the same concept for teens. Here are a few insights and questions to ask them about their favorite YouTubers: <https://bit.ly/TTYoutubeGamers>

3

I completely understand that technology is the way my teen is staying connected to their friends, however, I worry about them sharing too much information with too many people.

Here are some excellent talking points to share with your teen, so they can make sure they are keeping themselves and their information safe. Be proactive and start here:

<https://bit.ly/TTKeepItSafe>

4

Are you wondering what teens are saying about social media and boundaries with friends?

Listen to this, you might be surprised! <https://bit.ly/TTteenvoices> We also have some great tips to help you guide your teen (or print a copy and leave it on their nightstand):

<https://bit.ly/TTFriendsOnlineTips>



Do you have any questions for our next issue? <http://bit.ly/Tech-TalkQuestions>